



**Series:** Established in Jesus

**Passage** Colossians 4:2-4

**Title** Essential Prayer

**Speaker:** Pastor David Menard – 5/26/2019

## **Discussion Starter**

In what way has this sermon helped you to take a closer look at how essential prayer is in your life?

## **Praying Continually (Colossians 4:2-4)**

- Why do you think Paul tells us to “continue earnestly in prayer”? What does this indicate or tell us about prayer?
- What are some of the things that impede us from praying? Why is it, that all prayer is not effective? Read Romans 7:18-20, Galatians 5:17 and James 4:3. What do these verses reveal to us about prayer?
- What are some of the things we need to realize as Christians to have a more effective prayer life? Read 1 John 3:1-2 and John 1:12. How should we look at these verses in the context of having a victorious prayer life?
- How would you describe what it looks like to be a Christian who prays continually? What do you think this really means?

## **We are to be Alert in Prayer**

- How would you define the meaning for the word “Vigilant” as it relates to praying earnestly? How is this connected to the way we show our love for God?
- What are some examples of ways that God wants us to be intentional in our prayers for each of the areas of influence we have in our lives? Home, Church, Occupation, School and Social.
- What tactics does Satan use to try to influence us in our prayers? Read Matthew 4:2-4 and Genesis 2:16. What are some of the specific tactics of influence we see Satan using in these verses? How does this apply to us?
- What is the role of meditation and how does it pertain to our prayers? Read Psalm 1:1-3, Joshua 1:8-9 and John 15:7. What additional insights do these verses give us on meditation and prayer?

## **We are to be Thankful in Prayer**

- What are some examples of things you can be thankful for in your prayers? Read James 1:2-3 and 2 Timothy 4:6-8. What can we learn from these verses about being thankful in our prayers?

## **We are to be Ministry Minded in Prayer**

- Describe in your own words what ministry mindset Paul had in mind when he refers to pray for the speaking of the mystery of Christ? What does this mean? Read Colossians 4:5-6. What can we glean from these verses to instruct us about being ministry minded in our prayers?