

**Discussion Starter** – What is the most significant take away you have about the unexpected comfort that comes from mourning?

## Kingdom Values (Matthew 5:1-3)

- Last week we focused on Kingdom value #1, being poor in spirit. This week we studied what Jesus states for the Kingdom value #2, to mourn. In what way is this mourning tied to being poor in spirit? What do these Kingdom values reveal about Jesus?
- Read Matthew 5:13-16. In what way is this a call from Jesus for us to be kingdom influencers in the world? Describe how this happens and what this is supposed to look like in our everyday lives. What are you doing with Jesus' invitation to be a kingdom influencer in this world?
- What do you think Jesus is calling us as Christians to mourn over? Do you think Jesus exemplified these two kingdom values of being poor in spirit and mourning? Why or why not?

## Mourning Our Sin (Matthew 5:3)

- What is the importance of mourning over our own sin? Read Romans 7:19-8:2. Discuss the insights you have gained from this passage. What are some of the things you wrestle with in your flesh, things that you want to do, but find that you often don't?
- If mourning our sin is not natural for us, what is our normal response to our sin and why? Read Genesis 3:7-13. What do we learn from these verses and how does this apply to what our own natural response is to our own sin?
- Does sin grieve your heart? Do we treat sin seriously... What are some of the ways we can deceive ourselves into winking at sin in our lives?

## God Gives Divine Comfort To Those Who Mourn Sin (Psalm 32)

- In Psalm 32, David had tried to hide his sin with Bathsheba from God for over a year. Describe in your own words what this Psalm is teaching us through the life of David?
- What is the connection you see between mourning over sin and being comforted? Read Psalm 126:1-6. Discuss the additional insights you have gained on how God uses our mourning to comfort us?
- When we pray to God openly about our sin it is a good indicator that we are truly mourning over our sin. When is the last time you have lamented over your sin in prayer?
- What are some of the common coping mechanisms we use in an attempt to comfort ourselves when we are unwilling to lament our sins in prayer? What is the problem with this strategy? Read 1 John 1:8-10? How does this verse answer the question above?
- Describe the miraculous event that takes place when we are truly willing to mourn our sin?