



Series: Seasons in the Psalms, Reflections on God and the Significance of the Soul

Passage: Psalm 91

Title: In the Shelter of the Almighty God

Speaker: Pastor David Menard 1/18/2026

Discussion Starter – How does fear rob us of our freedom? What do you fear, and why? What fears have you outgrown or overcome in your life, and how?

Read Psalm 91:1-2

1. What is the secret place of the Most High? How is it described in these 2 verses?
2. How does the first commandment provide clarity to your understanding of a secret place with God?
 - a. Describe your secret place. How do you enter it? Why is it called secret?

Read Psalm 91:3-13

3. What is the breadth of protection that is poetically described with the comparisons between snare and pestilence, shield and buckler, night terror and day pestilence, and dark pestilence and noonday destruction in verses 3-6?
 - b. What fears are overtaking you? What does this Psalm teach us about the path to overcoming these fears?
4. How can we properly apply the promises of verses 9-10 to our lives? How was this promise true for Stephen or other faithful Christian martyrs through the centuries?
 - c. Do you expect to have trials removed from your life, or do you expect to go through them fearlessly? How do you pray in the face of trials? What does this psalm teach us?
5. How is “your dwelling” in verse 10 related to the word dwell in verse 1?
 - d. What evidence have you seen of angelic protection over your life?

Read Psalm 91:14-16

6. Who is speaking in these verses? What blessings are promised to those who “set their love on Me”, and “call upon Me”?
7. What is the risk of failing to grow in a close relationship with God? (Matthew 7:21-23)
 - e. What does it look like to view your life as a courtship with God, a time to develop intimate love for Him and let Him lead us into utter dependency upon Him?