



**Series:** Seasons in the Psalms, Reflections on God and the Significance of the Soul

**Passage:** Psalm 139

**Title:** The Overwhelming Intimacy of God

**Speaker:** Pastor David Menard 2/22/2026

**Discussion Starter** – Man’s greatest two desires are to be known and to be loved. How are these two desires present at our creation, (Genesis 2:25)? How do these two desires potentially conflict with each other? What steps do you (and others) take to maximize love and minimize transparency? How does God’s revelation in this Psalm free you from the curated version of yourself?

**Read Psalm 139:1-6**

1. What does it mean that God has searched us and known us? How complete is His knowledge of us described in these verses?
  - a. How does understanding that you are fully known by God allow you to have greater intimacy with Him? With others?
2. What is the psalmist’s reaction to the realization of God’s intimate and deep knowledge of us?

**Read Psalm 139:7-12**

3. What does it mean to say that God pursues us? How does He do it? What does He seek?
4. Have you been taught that God ceases to pursue you when you sin? What do these verses teach?

**Read Psalm 139:13-16**

5. When did God create His plan for who you were to become?
  - b. What makes you unique? Why do you think God creates each of us as one of a kind? How is our unique identity connected to a unique destiny?

**Read Psalm 139:17-18**

6. How much does God think about you? How much do you think about God? How does this comparison encourage us to deepen our relationship with Him?
7. What details of your life do you overlook? Do you suppose they are too small for God’s concern?

**Read Psalm 139:19-22**

8. How does intimacy with God, being known and loved by Him, affect our values?
9. Describe what is meant by a “perfect, (complete or mature) hatred”.
  - c. How has your life changed over the time that you have walked with the Lord? Is spiritual growth in righteousness recognizable in you over the past year?

**Read Psalm 139:23-24**

10. The psalm begins with the statement that God has searched me and ends with an invitation for God to continue a (presumably) deeper search. What does this reveal about being known by and knowing God?
  - d. Do you ask God for trials and testing of your anxieties? What benefit does the psalmist see in this request?