MISSION GROUPS
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# Mission Group Discussion Questions

**Series:** Identity - Who You Are in Christ **Title:** The New Life in Practice
**Passage:** Ephesians 4:17-32 **Speaker:** Pastor David Menard

**Discussion Starter:** When you're trying to change, why does simply saying "I'm not going to do that anymore" often fail?

**Read Ephesians 4:17-19**

1. In your own words, describe the downward spiral of an unrepentant person.

2. This downward spiral eventually leads to a person being "past feeling"; their conscience becomes seared. Consider your own life. Is there an area where your conscience is seared? Is there sin in your life that used to bother you, but it doesn't anymore?

**Read Ephesians 4:20-24**

3. Once we are born again, we are a new creation. What does that mean, and in what areas of your life have you experienced a death to life transformation?

4. What would it look like for you to be renewed in the spirit of your mind this week?

**Read Ephesians 4:25-32**

5. As Christians, our new life in Christ must produce a new way of living. We must put off the old man and put on the new.

| **Old Man** | **New Man** |
|---|---|
| lying | speaking truth |
| unrighteous anger | righteous anger |
| stealing | working and giving |
| corrupt speech | edifying words |
| bitterness and quarreling | kindness and forgiveness |

Discuss where God is working in your life in one of these areas.

6. Why isn't it enough to simply put off our old ways? Why must they be replaced with new, godly character?

7. From the example you gave in question 5, explain how putting off the old man and putting on the new benefitted someone besides yourself.

8. Why are we commanded to be angry and what does it look like to be angry without sin?

9. What happens when righteous anger is swept under the rug?

10. What three guardrails does Paul give for handling righteous anger and what do they look like in practice?

11. Paul uses the analogy of a wardrobe. Are you in the habit of daily putting on your uniform and reporting for duty? What changes in attitude and action do you need to make this week?